# LANCASTER COUNTY NURSING ASSISTANT I

#### NATURE OF WORK

This is routine nursing work providing geriatric health care services to residents within a county operated skilled and intermediate care facility.

Work involves providing routine geriatric health care services to residents in an assigned area including assisting residents requiring help with feeding, bathing, dressing, undressing and personal hygiene care; assisting residents with exercise activities; maintaining clean, dry bed linens and clothing for residents; and observing and reporting obvious physical and behavioral abnormalities. Work also involves taking and recording residents' blood pressure, temperature, pulse, respiration and weight; and recording data describing residents' physical and mental status. Supervision is received from a nursing professional with work being reviewed in the form of the effectiveness of health care services provided as well as completeness and accuracy demonstrated in documenting services provided.

#### EXAMPLES OF WORK PERFORMED

Follow prescribed nursing care policies and procedures in the provision of routine geriatric care to residents in an assigned area including assisting residents requiring help with feeding, bathing, dressing, undressing and personal hygiene care; maintain clean, dry bed linens and clothing for residents; assist residents with exercise activities as ordered by physician and directed by physical therapy staff.

Observe and report obvious physical and behavioral abnormalities; obtain and record residents' blood pressure, temperature, pulse, respiration and weight; record observable information describing residents' physical and mental status.

Maintain cleanliness of work area and equipment including bedpans, urinals, basins, wheelchairs, and geri-chairs; remove soiled laundry and appropriately discard soiled disposables.

# DESIRABLE KNOWLEDGES, ABILITIES, AND SKILLS

Some knowledge of the basic principles and practices of patient care procedures and techniques.

Some knowledge of the aging process and problems associated with nursing home confinement.

Ability to perform heavy lifting.

Ability to maintain accurate records reflecting geriatric health care services provided.

Ability to establish and maintain effective working relationships with residents, co-workers and the general public.

Ability to understand and follow both oral and written instructions.

#### DESIRABLE TRAINING AND EXPERIENCE

Graduation from a senior high school with some experience in providing routine geriatric care to residents of a nursing home facility.

# MINIMUM QUALIFICATIONS

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Completion of a junior high school curriculum or any equivalent combination of training and experience which provides the desirable knowledges, abilities and skills.

# NECESSARY SPECIAL REQUIREMENTS

- \* As per requirements of the State of Nebraska, employees must pass a State Department of Health approved 76 hour basic care training course and competency examination.
- \* Employees in this class working at Lancaster Manor must meet such physical and health requirements necessary for employment in a licensed skilled and intermediate care facility as required by the State of Nebraska.

Approved by:		
	Department Head	Personnel Director
Revised: 10/00		